



Salmon (wild)

1 point



Sole

1 point



Tilapia

1 point



Shellfish

1 point



Cod

1 point



Sardines
And anchovies

1 point



Tuna Sushi

10 points



Swordfish

10 points



King Mackerel

10 points

Pregnancy Go Fish!

Pregnancy Go Fish!

Pregnancy Go Fish!

Pregnancy Go Fish!

Pregnancy Go Fish!

Pregnancy Go Fish!

Pregnancy Go Fish!

Pregnancy Go Fish!

Pregnancy Go Fish!



Striped Bass

10 points



Canned white light tuna

5 points

Pregnancy Go Fish!

Pregnancy Go Fish!